



Aashwasan

AASHWASAN SPIRITUAL RETREAT



The Real I ?

Discover the real you by getting insights into a deeper meaning of your life. Find answers for long standing inquiry of your being.

- Are good education, successful career, family and financial security, overseas travel, and a luxurious existence, the only criteria of a life worth living?
- Is our present world the ideal place to live in, or have I, over the years, settled for much less by compromising unnecessarily?
- Are we caught in a rut and forced to lead a mechanical existence, while a beautiful and joyful life bypasses us?
- Everything seems alright on the surface, yet there is a needling restlessness in my life. Why?
- Tremendous odds and traumatic circumstances often compel us to seek a deeper meaning in life. We know this exists deep down, but it seems elusive. How can I experience the truth within?
- I am idealistic about life and my very being refuses to be convinced otherwise. How do I balance my idealism and believe in higher possibilities with practicality?

Discover your true happiness

*As you journey through life, various experiences you encounter give rise to an **inquiry process** deep within. **Restlessness, idealism, extreme withdrawal, or active seeking** (true seekers lead a dual life and seldom open up to others), are some of the manifestations of this inquiry. **Glimpses of absolute clarity** occur from these inquiry processes and cause a turning point in your life. You become aware that there is much more to reality than you can see and you are convinced that the truth really lies within you. You believe that happiness is, indeed, possible and that you can choose happiness instead of merely searching for it.*

Aashwasan's five-day Spiritual Retreat will take you on a journey deep into yourself - an authentic response to your inner calling. You will be driven gently and gracefully within to find relevant answers for your life's queries. Individual or collective limitations that we have consciously or unconsciously set for ourselves will be overcome. What's exciting is that **anyone** can experience this journey of renewal **anytime**.

Re-treat yourself with rare benefits

- Relaxation and Rejuvenation in natural environment
- An objective view of your inner life as an outside observer
- Direction in your journey of self-discovery
- Listening to your inner voice and discovering your life's true calling
- Opportunity to practice authenticity with yourself and others
- Bringing in freshness in one's life and relationships
- A process to distinguish between what you can control and what you cannot
- An appreciation of all your life's experiences
- Living in the moment, not stuck either in the past or future
- Resolving deep-seated issues
- Demolition of self-imposed boundaries
- Increased awareness on all aspects - mind, body and soul
- Knowing that **trust, love, contentment** and **joy** are the only fundamentals of your true nature



About Aashwasan

Aashwasan is the only organization in the world that uses spiritual science tools such as Aura science and ESP to transform lives. The transformation is brought about by connecting an individual to his/her infinite self. Aashwasan has evolved a ten-stage process called theory of transformation. During this process, one identifies, explores and expresses one's infinite self.

Aashwasan has branches in Australia, Norway and Malaysia and presence in Sri Lanka, Jakarta, Singapore and US.

Introducing the founder of Aashwasan

Rashmi Aiyappa, the founder chairman and CEO of Aashwasan was born with an ability to perceive life patterns of people and the gift of ESP (extra-sensory perception) which she could invoke at will. She could identify any dis-ease in mind and body and trace its root cause.



For 30 years of her life, she used these skills informally, but it was only when the calling came that her heart was impelled to use her inbound skills and talent to reach out to millions of people. Aashwasan was thus formed.

The vision of Aashwasan is to lead individuals to explore their infinite self.

The Aashwasan Team

Rashmi has transferred this unconscious knowledge to eleven healers who are her channels. Her channels have access to the same knowledge through her. The translation of this knowledge as a service i.e., aura reading, aura healing, ESP etc, is therefore consistent, repeatable and continuous.

All the healers come with their rich experience of life and their unique purpose. Using the spiritual knowledge and individual skills and talents, they reach out to transform individuals, groups and organizations.

